GJC's High Holidays for Teens

Services and programs to explore the High Holidays!

High Holiday Options & Opportunities

Rosh ha-Shanah Day I

11 AM | Middle School Service | 6th-8th grade in the Magil Chapel

11 AM | Teen Discussion | 9th-12th grade in the Youth Lounge

Rosh ha-Shanah Day II

11 AM | Middle School Service | 6th-8th grade in the Magil Chapel

11 AM | Rosh ha-Shanah Seder | 9th-12th grade in the Youth Lounge

Thought that SEDER was just for Passover? Think again! Check out this GJC twist on a Sephardic Rosh ha-Shanah tradition.

1 PM | Teen Focus Group for 2019-2020 Youth Activities | 9^{th} -12 th grade in the Youth Lounge

Post-lunch hangout to brainstorm activities for the coming year. Snacks provided!

Kol Nidrei

4:30 PM | Kol Nidrei Food Drive - Mitzvah Opportunity for volunteers (RSVP to GJC office)

Yom Kippur

11 AM | Middle School Service | 6th-8th grade in the Magil Chapel

11 AM | Teen Discussion | 9th-12th grade in the Youth Lounge

As always, all teens are 100% welcome and encouraged to participate fully in services in the Charry Sanctuary, Minyan Masorti, Dorshei Derekh & Kol D'mamah.

Of other interest...

Kol D'mamah Contemplative Service

full schedule posted on High Holidays

Tashlich in Carpenter Woods

Rosh ha-Shanah Day I (9/30) | 4 PM (meet at GJC)

Watch your sins float away as we toss breadcrumbs into the water and reflect on the New Year.

Yoga & Chi-Gong - Embodied Prayer for Yom Kippur with Leah Weisman

Yom Kippur | 4-5 PM in the Maslow Auditorium

Chi-gong is an energy movement practice. With gentle movements and breathing meditations, we clear stress, calm our mind, and gently energize our body. Nurture yourself and receive an energy boost in preparation for the final hours of Yom Kippur.

Sounding the Shofar at the end of Yom Kippur 7:15pm in all prayer spaces

HUNGRY AT LUNCHTIME? BE SURE TO REGISTER FOR HIGH HOLIDAY KIDS' LUNCH!

HIGH HOLIDAT KIDS LONCH:

Teens are welcome to register for lunch (\$5/day) on both days of Rosh ha-Shanah and Yom Kippur.

PRE-REGISTRATION IS NECESSARY BY SEPTEMBER 26.

Send your name, email, cell phone, which days you are registering for, and payment to the GJC office.

Or pick up a registration form, fill it out, and drop it off.

The Youth Lounge is open for all teens on Rosh ha-Shanah and Yom Kippur!

Need a break from services? Stop by to hang out with friends, read a book, or play a **board game**!

