

5770/2009 Kol Nidre Food Drive

Sunday, September 27 / 9 Tishre

5:30-6:30 PM



This is my chosen fast — share your bread with the hungry.
— from *Yom Kippur Haftarah* (Isaiah 58:6-7)

"Nothing in the world is more grievous than poverty, the most terrible of all sufferings... For one who is crushed by poverty is like one to whom all the troubles of the world cling and upon whom all the curses have descended."
- *Deuteronomy* (28:15-68)

"Our Rabbis said: If all the sufferings and pain in the world were gathered [on one side of the scale] and poverty was on the other side, poverty would outweigh them all."
- *Exodus Rabbah* 31:12 and 31:14

GJC is partnering with PHILABUNDANCE on this project. Philabundance was founded in 1984 and works to end hunger and malnutrition in the Delaware Valley by rescuing surplus food and distributing it to local organizations serving people in need. Concentrating its efforts on perishable foods, Philabundance has developed a food distribution system that includes direct delivery and local hubs. In 2005, Philabundance combined forces with the Philadelphia Food Bank, which had concentrated on non-perishable food, to provide a "Full Plate of Services" to member agencies. Last year, Philabundance provided approximately 22 million pounds of food to its member agencies.

If you are interested in helping to load food before the Kol Nidre service begins,
contact Carol Kapstein at (215) 868-6482

HERE'S HOW TO CONTRIBUTE – 4 EASY STEPS

1. **Review** the guidelines below carefully.
2. **Fill** a paper bag or cardboard box with the requested items
3. **Bring** it with you when you come to Kol Nidre on Sun. Sep. 27 (GJC services start at 5:45 pm)
4. **Hand** it to volunteers loading the truck in front of GJC, from **5:30-6:30 pm**.

PLEASE BRING

- Recently** purchased items
- Large** items
(Family or institutional sizes are great!)

BUT, PLEASE –

- Ø No old, dented, corroded, or soiled cans
- Ø No individual-serving size cans
- Ø No other kinds of food or supplies

ONLY ...

- **TUNA FISH**
- **CREAMY PEANUT BUTTER (Plastic Containers Only)**
- **JELLY (Plastic Containers Only)**
- **MAC & CHEESE**
- **BREAKFAST CEREAL – Hot & Cold**

Thank you to

PHILABUNDANCE for providing guidance and loading and transporting the food.

A project of the Germantown Jewish Centre Social Action Committee
Carol Kapstein, Project Chair • Maxine Margolies & Sharon Webber, Committee Chairs

*Never doubt that a small group of thoughtful, committed citizens
can change the world. Indeed, it is the only thing that ever has. —Margaret Mead*

